#### RULES OF THE POST-GRADUATION PROGRAM IN HEALTH AND BEHAVIOR

#### PROGRAM STRUCTURE

The Program's structure shall emphasize the formation of the post-graduation student as a teacher/researcher. The Program assigns the students mandatory or optional credits for every activity they perform which contributes to their formation. To complete the course, master's degree students should sum up to 26 (twenty-six) credits, 22 (twenty-two) mandatory and 4 (four) optional. Doctorate students must sum up 46 (forty-six) credits, 26 (twenty-six) mandatory and 4 (four) for other activities.

The minimum and maximum terms for Master's completion are 1 (one) and 2 (two) years, while for Doctorate they are 2 (two) and 4 (four) years. The student may request the extension of the deadline for up to 12 (twelve) months for Master's and Doctorate, as long as a reasonable motive is presented to the Course's Collegiate. After defending the Master's dissertation or Doctorate thesis, the student has 120 days to perform the corrections on their work, considering the positions of the examining board members; that is the final deadline to deliver the final version and requiring the diploma.

- 1. Mandatory activities.
- 1.1 Master's.
- A Qualification (deadline of up to 12 months)
- B Execution and presentation of the Master's dissertation C Submission of the article for review
- D Fulfilling the number of credits required
- If the article produced from the Master's dissertation was already accepted for publication (in the MEDLINE journal), students are excused from presenting their Master's dissertation defense with the advisor's consent.
- 1.2 Doctorate.
- A Qualification (deadline of up to 24 months)
- B Publication (or acceptance) of at least one scientific article and submission of a second one in a journal of international circulation with material from the Thesis, written by the post-graduate with supervision from the advisor. Creation and presentation of the Master's dissertation
- C Creation and defense of the Doctorate thesis
- D Fulfilling the number of credits required
- Students must deliver a partial report on their performed activities according to the Health and Behavior Post-Graduation Program's model every 12 months from the first enrollment in the doctorate course.

2. Offered disciplines.

Mandatory disciplines		# of credits	Optional disciplines		# of credits
Master's	Doctorate		Master's	Doctorate	2
Bioethics in Research	Bioethics in Research	2	Neuropsychobiology	Neuropsychobiology	2
Biostatistics I	Biostatistics I	2	Neurochemistry	Neurochemistry	2
Biostatistics II	Biostatistics II	2	Advanced Lab Techniques in Research	Advanced Lab Techniques in Research	2
Projects Discussion Seminar I	Projects Discussion Seminar I	1	Topics in Epidemiology		2
Projects Discussion Seminar II	Projects Discussion Seminar II	1	Nutritional Evaluation and Body Composition	Nutritional Evaluation and Body Composition	2
Quantitative Research Methods	Quantitative Research Methods	2	Family Health	Family Health	2
Redaction Workshop	Redaction Workshop	2	Health in the Life Cycle	Health in the Life Cycle	2
Research Practice	Research Practice	2	Preventive Practices in Maternal and Child Health	Preventive Practices in Maternal and Child Health	2
Practice in Biostatistic	Practice in Biostatistic	2	Public Health Policies I	Public Health Policies I	2
Health Fundamentals	Health Fundamentals	2	Public Health Policies II	Public Health Policies II	2

Didactic	Didactic	2			2
Systematic Review and Meta-analysis	Systematic Review and Meta-analysis	2	Behavioral Genetics	Behavioral Genetics	
	Advanced Seminar I	1	Evaluation Methods for the Effectiveness of Psychotherapies	Evaluation Methods for the Effectiveness of Psychotherapies	2
	Advanced Seminar II	1	Instruments in Mental Health	Instruments in Mental Health	2
	Topics in Epidemiology	2	Qualitative Research Methods	Qualitative Research Methods	2
			Neuroinflammation	Neuroinflammation	2

# 2.1 - Credits in other activities related to the Doctorate

# 2.1.1 - Internship and teaching.

Consists in completing an internship with the Post-Graduation Program's or any other Institution's work team when proposed by the advisor and accepted by the Post-Graduation Program. Each internship with maximum duration of one semester (15 hours) will grant the student 1 (one) credit, to a maximum of 2 (two) credits for this activity. The grade will be assigned by the

person responsible for the program upon delivery of final report and testimonial from the internship supervisor. For the teaching activity, 1 (one) credit will be granted for every 15 hours, to a maximum of 4 (four) credits for this activity.

### 2.2.2 - Disciplines not bound to the Post-Graduation Program.

The students may take other disciplines offered by national or international post-graduation programs. A maximum of 4 (four) credits in optional disciplines will be validated, independently of the need of equivalence with the Course's disciplines.

### 2.2.3 - Participation in national/international congresses.

Students shall receive 1 (one) credit per presentation of work related to their Doctorate thesis in a national or international congress, as authors or co-authors of such work, to a maximum of 2 credits for this type of activity.

### 2.2.4 - Participation in master's and doctorate defenses.

Students shall receive 1 (one) credit for every 15 participations in master's dissertations and/or doctorate thesis defenses performed in the Health and Behavior Post-Graduation Program, to a maximum of two credits for this type of activity.

### 2.2.5 - Activity of tutoring in the Health and Behavior Post-Graduation Program's disciplines.

Students selected for tutoring activity in the Program's disciplines who complete the related activities may request, through their attestation of tutoring, an equivalence of 4 credits in other activities.

#### 2.2.6 - Published articles.

A minimum of 3 credits will be granted for articles published according to the table below:

Publication on magazines	Credits
Bl, A2, Al	5 cr
B2	3 cr
B3	1 cr

#### 3. Evaluation criteria.

Students who reach enough attendance (75% - seventy-five percent) shall be entitled to the discipline's corresponding credits, as long as they obtain the grade expected for approval according to the equivalence table. Students shall be evaluated by tests, seminars and/or activities reports, as described in the teaching plans of each discipline. Students who don't achieve the minimum grade for approval in the discipline (C) shall be entitled to a substitutive evaluation, considering the minimum grade for approval as C.

# Equivalence Table

Grade	Meaning	Numeric Equivalence
A	Excellent	9.0 to 10.0
В	Good	8.0 to 8.9
C	Regular	7.0 to 7.9
E	Insufficient	0.0 to 6.9
FF	Lack of attendance	<75%

### 4. Approval of Dissertations and Thesis

Once approved, articles which need small corrections that may be made by the own author, with approval from the advisor, must be delivered within 30 days. Once approved with need of amendments, the student has 90 days to re-submit the corrected dissertation or thesis, to be reviewed by a member of the examining board (except the advisor), who, considering the opinions of the examining board's members, makes the final decision for approving or not the dissertation or thesis, registered in its

own minute. After approval, the student has 30 days to deliver the corrected dissertation or thesis, as a means to request the diploma's issuing.

# 5. Diploma request

The Master's or Doctorate diploma request is made upon delivery of the final version of the printed volume, following institutional standards (hard cover, of black color and with golden letters), 1 CD (UCPel standard) with the material recorded on PDF (to be obtained in UCPel's copy station) and the catalog record made before the final volume's printing. To request a Master's diploma, a copy of the scientific article to a magazine is also necessary, while for a Doctorate's diploma, a copy of the acceptance of a scientific article and the submission of a second one to a magazine are necessary.